

# Welcome Home

2020-2021

A Framework for Success

Return to Campus Plan



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# Message from the Principal

Dear St. Joseph families,

Welcome home to your St. Joseph family. After almost 6 months of being off campus, we the faculty, administration and staff are looking forward to welcoming you home.

We live in extraordinary times. COVID-19 has affected all of us in almost every aspect of our lives. Many of us have been personally touched by the effects of this pandemic. It has not been easy, and, though the pandemic is not yet over, we now look to the future and the reopening of St. Joseph High School.

Your administration, faculty and staff have been working diligently over the summer to prepare for your safe return to campus. Our reopening will require careful and diligent planning, observation, and flexibility to insure that your education experiences are safe, challenging and rewarding.

This plan framework identifies key areas of our school life that need your attention. The framework was compiled with input from the Illinois State Board of Education, the Archdiocese of Chicago, the Illinois Department of Public Health, the IHSA and your devoted faculty and staff. Please read this information carefully. If you have any questions after reading the framework, please contact a member of our school administration.

I want to thank our returning parents and families for their support during our most recent e-learning experience. I also wish to welcome the families of our incoming freshmen and transfer students. We pledge to continue to work with all of you as we return to campus this fall.

Live Jesus in our Hearts.

David L. Hotek, AFSC

David Hotek

Principal

# St. Joseph High School Administrative Team

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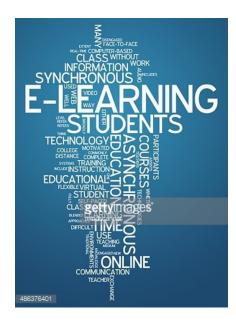
# In-Person and E-learning Instruction

In addition to implementing health and safety protocols, St. Joseph High School realizes that it will be necessary to make certain adaptations for instruction at the start of the school year. We will be making use of a "hybrid model" of instruction and learning: in-person (face-to-face) as well as e-learning (remote learning).

Students will have 2 1/2 days of in-person (face-to-face) instruction and 2 days of e-learning (remote learning) instruction per week. A daily schedule of instruction (8:00 AM to 2:30 PM) will be followed for both in-person and e-learning days. Students and teachers will use Microsoft Teams as the vehicle for e-learning experiences. [see daily schedule on page 5]

Class sizes will be limited to 16 students per classroom, with students maintaining social distancing (6 feet apart) at all times. Facial coverings will be required of all students and teachers. Classrooms will be supplied with hand sanitizer and disinfectant wipes.

The health and safety of our students and teachers are our priority. Amidst this COVID-19 pandemic, St. Joseph High School continues to commit itself to providing high quality Catholic/Lasallian education.



### Daily Schedule 2020-2021

1. 8:00 – 8:49 (49) Includes 5 minutes for official attendance

2. 8:53 - 9:37 (44)

3. 9:41 - 10:25 (44)

4. 10:29 – 11:13 (44)

5. 11:17 – 12:03 (46) 30 minutes lunch/4 minutes passing/12 minutes Homeroom

6. 12:07 – 12:53 (46) 30 minutes lunch/4 minutes passing/12 minutes Homeroom

7. 12:57 - 1:41 (44)

8. 1:45 - 2:29 (44)

#### Seniors and Juniors

Mondays and Wednesdays "Face to Face" learning (Lunch 5 Jr., Lunch 6 Sr.)

Tuesdays and Thursdays E-learning

Friday 1/2 day (no lunch)

## Freshmen and Sophomores

Mondays and Wednesdays E-learning

Tuesdays and Thursdays "Face to Face" learning (Lunch 5 So., Lunch 6 Fr.)

Friday 1/2 day (no lunch)

This daily schedule (non-rotating) will be in use on both "face to face" and E-learning days.

A special schedule will be in effect on Fridays.

# Health and Safety Requirements

This section provides guidelines related to the health, safety and hygiene of all students and faculty/staff of St. Joseph High School.

#### MASKS AND PERSONAL PROTECTIVE EQUIPMENT (PPE)



All individuals in the school building (students, employees, visitors and volunteers) must wear masks at all times unless a specific medical condition exempts them. Verification of this medical condition must be on file in the school office.

Masks may only be removed when eating or drinking, or engaged in outside activities or instruction. When masks are removed, students and employees must remain socially distant by at least six feet. Masks may be of any color, but designs must be appropriate for a school setting. Masks may not contain words or phrases.

#### ARRIVAL AND DISMISSAL PROCEDURES— WELLNESS CHECKS

Students may only enter the school building through the entrance doors in the cafeteria lobby (east entrance). Please avoid congestion of any form around the school entrance.

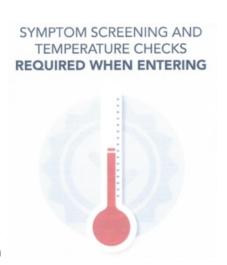
All students and employees must wear facemasks on arrival.

Upon entrance, a temperature check of each student will occur. Any student with a temperature over 100.4 degrees Fahrenheit will be sent home.

Students will be provided hand sanitizer upon entering the building.

If arriving to school before 7:30 AM, students must go directly to the cafeteria and sit socially distanced (only a maximum of three students per table—six feet distant from each other).

At 7:30 AM all students are to go to their locker and then report directly to their 1st period class (not Homeroom). Students should remain in the room until classes begin at 8:00 AM. Students may not socialize in the corridors.



At 2:30 PM, when the school day ends, students should go to their lockers and then leave the school building immediately, exiting only through the doors in the cafeteria lobby. Due to the COVID 19 pandemic, the school will be closed at 3:00 PM. There will be no after school study hall.

#### **PARKING**

Seniors only may park in the east school parking lot (facing Mayfair Avenue). All other students must park in the north school parking lot. No students may park in the Cermak Road parking area.

#### INTERNAL TRAFFIC FLOW

In order to maintain physical distancing (6 feet apart from each other), students are asked to follow the traffic flow pattern shown on the school map (below) at all times.

KEEP YOUR

**DISTANCE** 

Freshman lockers are located in the 100 corridor

Sophomore lockers are located in the 400 corridor

Junior lockers are located in the 300 corridor

Senior lockers are located in the 200 corridor

Lockers may not be shared and should only be accessed during passing periods. Please refer to our student handbook for further information.



#### **BATHROOM USE**

Bathrooms should only be used during passing periods. Capacity should be restricted to three students or fewer, per bathroom. Students should not be released from their classroom to use a bathroom, except for emergencies.

#### MEDICAL CARE AND ABSENCE OF STUDENTS

Students should not come to school if they are ill. Parents should not send their students to school if they are ill or show any of the COVID-19 symptoms

St. Joseph High School will provide for the ongoing medical needs of it's students as per a normal year. This includes the administration of approved medicines and prescriptions and basic first aid with the exception of nebulizer treatments.

Students should remain home for two weeks after traveling to another country, or to states experiencing significant COVID-19 outbreaks (as determined by the CDC). Students should inform St. Joe's immediately if they display COVID-19 symptoms during this two week period.

SHOWING
SYMPTOMS?
STAY HOME

Fever or chills
Cough
Shortness of breath or difficulty breathing
Fatigue
Muscle or body aches
Headache
New loss of taste or smell
Sore throat
Congestion or runny nose
Nausea or vomiting
Diarrhea

The list does not include all possible symptoms. If you are experiencing any symptoms of illness, please stay home.

If a student is to be absent from school, either on a "face to face" or E-learning day, parents should call the office to report the absence as per usual by 8:00 AM.

If a student reports to school with a temperature of 100.4 Fahrenheit or greater, parents will be notified and the student must return home and is encouraged to contact a doctor.

Students are allowed to bring water bottles into their classrooms, preferably reusable water bottles. These reusable bottles may be filled from the water dispensers in the corridors. The water dispensers will be disinfected frequently.

#### **LUNCH ROOM USE**



No more than 50 persons will be allowed in the lunch room at any time. Only one class (Senior, Junior, Sophomore, or Freshman) will in the cafeteria for lunch at any one time. Students should sanitize their hands both before and after eating their lunch. When standing in the cafeteria line for lunch, please observe the markers on the floor to maintain distance.

Lunch periods will be 30 minutes in length, followed by a 12 minute Homeroom.

Cafeteria tables will be cleaned and sanitized between lunch periods.

#### CAFETERIA SERVICE

Lunches may be purchased through our Cafeteria service QUEST FOOD MANAGEMENT SERVICES or brought from home. Lunches may NOT be ordered from local fast food restaurants or other food services. See QUEST'S COVID-19 modifications here.



# To ensure your meal is served in the safest and freshest way possible. These service changes include:

Eliminating self-serve options including salad, veggie and fresh fruit bars.

Increasing grab and go meal options.

Purchasing sustainable and earth friendly disposable packaging when available.

Eliminating shared condiment stations and providing individual condiment packets.

Utilizing wrapped cutlery or touchless dispensaries for cutlery.

Encouraging a cashless payment system and/or touchless transactions wherever possible.

Posting appropriate signage and floor decals to maintain social distancing.

Wearing proper personal protective equipment (PPE) including gloves and masks.

Protecting our guests and our employees with the addition of barriers at check-out and pick-up areas.

Increasing the frequency for sanitizing our work stations, tools, equipment, and high touch surfaces.

Sanitizing surfaces between each customer transaction when touchless pay is not possible

Although there will be modifications to the "way" we serve our food during this time, we want to assure you that the quality of "what" we serve will not change. We will be preparing meals daily, from fresh, high quality ingredients that adhere to Quest's Food Philosophy.



#### SCHOOL CLEANING, HYGIENE AND SHARED SCHOOL SUPPLIES

The school will be cleaned on a nightly basis. This includes all classrooms, washrooms, cafeteria, corridors, offices, etc.

Students should not share school supplies or personal items such as pencils, books, markers, calculators, cell phones, and art supplies, etc. as much as possible. If shared they should be wiped with disinfectant wipes after sharing.



Each classroom will have hand sanitizer and disinfectant wipes.

Food and drink should not be taken into classrooms at any time. The only exception to this is water bottles. Students are encouraged to carry with them their own water bottle. This bottle can be refilled from the school water stations.

# Infection Protocol—What to Do if Someone Gets Sick

#### **RESPONSE TO COVID-19 SYMPTOMS**

Students should not come to school if they are ill. Parents should not send their students to school if they are ill or show any of the COVID-19 symptoms.

If a student is exhibiting a fever, or two or more other COVID-19 symptoms, they will be separated from others (in our designated holding room). Parents will be immediately contacted so that the student can be taken home. The student should see a doctor to assess the symptoms and/or administer a COVID-19 test. If a doctor determines that the illness is not COVID-19, the student may return to school when the symptoms subside, with a doctor's note confirming the absence of COVID-19. If the student tests positive for COVID-19 the student must isolate and not return to school until they have met CDC's criteria to discontinue home isolation, which currently includes:

Three days with no fever
Symptoms improved by 75 percent
14 days since symptoms first appeared

Students will be allowed to complete and submit school work remotely during time away from school.

### **Student Activities**

#### ATHLETIC ACTIVITIES



### **IHSA Phase 4 Return to Play Plan**

#### [Phase 4 of the IHSA RTP Plan correlates to Phase 4 of the Restore Illinois Plan.]

- Schools must maintain a daily record of what athletes are participating, Athletes should be screened at the start of practice for temperature >100.4F/38C or symptoms of COVID-19 (fevers, chills, cough, muscle aches, headache, sore throat, runny nose, nausea, vomiting, diarrhea, or loss of taste or smell).
- Any person with symptoms or a positive COVID-19 test, should not participate in practice, or conditioning and should be referred to a physician for evaluation and only return after clearance to do so from a physician.
- Gatherings of up to 50 individuals, indoors or outdoors, are allowed. Thirty feet of space must be
  maintained between gatherings of 50 when outdoors. Indoors limits of 50 individuals is the maximum
  no matter the spacing.
- When students are not actively participating in a drill, or practice, care should be taken to maintain social distance between individuals.
- If locker rooms are a necessity, capacity should be limited to ensure members can maintain 6 ft of social distance.
- Individuals should sanitize or wash their hands for a minimum of 20 seconds with warm water and soap, or use alcohol based hand sanitizer and rub until dry before touching any surfaces or participating in workouts.
- Appropriate clothing/shoes should be worn at all times in the weight room to minimize sweat from transmitting onto equipment/surfaces.
- Students must be encouraged to shower and wash their workout clothing immediately upon returning to home.
- All persons must always wear masks. Students participating in physical activity <u>outside</u> while social distancing are NOT required to wear a mask.
- Scrimmages are prohibited in sports that require physical contact. (Basketball, Football, Lacrosse, Soccer, Volleyball, Water Polo and Wrestling)
- There cannot be any contact drills/physical contact among athletes.

#### STATEMENT FROM IHSA (July 14, 2020)

The Illinois High School Association (IHSA) announced on July 14, 2020 that it will defer to the Illinois Department of Public Health (IDPH), Illinois State Board of Education (ISBE), and the Governor's Office on all of its Return To Play Guidelines moving forward.

"There is an unprecedented level of planning for this school year due to COVID-19, and we have come to understand that there needs to be a greater consistency between the guidelines for returning to learn and returning to interscholastic athletics," said IHSA Executive Director Craig Anderson. "Some of the recommendations by the IHSA Sports Medicine Advisory Committee (SMAC) and directives from IDPH have come into direct conflict with each other, especially as it relates to the use of masks by student-athletes. As a result, we feel it is important to let IDPH and ISBE provide a consistent direction for our membership moving forward. We will wait on direction from these organizations for further guidance on Return to Play plans for the 2020-21 school year."

The IHSA's Sports Medicine Advisory Committee had previously developed its own Return To Play Guidelines, which were then collaboratively amended, and then approved, by IDPH. The Phase 4 Return To Play Guidelines were then amended at IDPH's request to include a greater emphasis on masks, and also eliminated scrimmages in sports that require physical contact. IHSA teams can currently conduct limited summer contact workouts within the Phase 4 Return To Play Guidelines as directed by IDPH and ISBE. Final approval on the revised Phase 4 Return To Play Guidelines from IDPH are forthcoming.

#### CO-CURRICULAR ACTIVITIES

Extra curricular activities must follow all school health and safety requirements set forth above. These include social distancing, appropriate use of PPE and limiting number of individuals in one space to 50 or fewer. If possible, extra curricular activities (clubs, etc.) should be conducted virtually. If these activities meet face-to-face a teacher/moderator must be present at all times and the space used is to be cleaned before and after the activities use.

Band/Chorus/School Plays/Christmas Programs, etc. should be canceled or conducted virtually.